The Prouty Voice

Volume 9, Issue 1

September 2014

WINSTON PROUTY

Center for Child Development

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Our Mission

The Winston Prouty Center for Child Development provides inclusive education and family support to promote the success of children and families.

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Note from Chloe Learey, Executive Director

Connective Parenting

Back to school....a time of new backpacks, first day photos, getting back into a routine. This is a huge transition for families and children, and even if it is a relief to have a regular schedule again for some of us, it is a challenge as well. One of the areas that can be most challenged is finding time and patience to be the parent you want to be in the midst of getting breakfast eaten, teeth brushed and shoes on in the pressure of getting out the door on time. When did a half hour ever go by so quickly?!

We are excited to be sponsoring an event with other community organizations that will offer some helpful tools during these tricky times. Bonnie Harris is a renowned author and speaker who has written two books, When Your Kids Push Your Buttons and Confident Parents, Remarkable Kids. She started The Parent Guidance Center, now The River Center, in Peterborough, NH, which is dedicated to parent education and support. Bonnie developed The Connective Parenting philosophy (http://www.bonnieharris.com/ index.html), a framework that helps parents shift their perspective to understanding what a child's behavior is telling them about what is going on and responding from a place of intention and knowledge vs. having reactions in the moment like yelling, threatening or punishing. Parents understand what they can bring to the interaction – or be able to reflect on those reactions which inevitably happen, and do something different the next time. There are many ways this philosophy aligns with what we are trying to accomplish in our work at Prouty. First, there is an acknowledgement that parents want to do the right thing and be the best parent they can be for their child. We operate from this assumption as well, and seek to support helping parents develop skills to do that. Second, there is an assumption that children want to cooperate and participate but can get off course due to obstacles. Understanding a child's behavior can be a key to identifying and removing the barrier. Finally, the philosophy acknowledges that children are their own people with their own temperaments and experiences, and understanding who they are and accepting them is an essential piece to helping them develop the skills they need to succeed.

It is important to note that everyone has different approaches and styles. Ultimately each parent has to decide what works, and we see ourselves at Prouty as learning partners in that process. It is not our job to tell people what to do. It is our job to meet families and children where they are, to bring our knowledge of a variety of tools and ways of being, and support the capacity of families to build what works for them. What works for some children and families will not work for others – there is not one way to be. Parent and family education is an area of interest amongst many in the early childhood world, and it has been an on-going topic of discussion at our local Building Bright Futures Council. We are fortunate to have such a wonderful local resource and hope to continue collaborating with others to find ways to bring people like Bonnie to our community.

Bonnie will be speaking at Hilltop Montessori on Tuesday, September 23 from 6:00 to 8:30 p.m. There will be childcare provided, along with pizza for the children, which can be reserved by calling 257-0500 (see page 10 for more details). We hope to see you there!

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Community Page

If you know of an event that may be of interest to the Prouty community, please email angela@winstonprouty.org with details. Thanks!

TUESDAY, Sept 30th 2014

Co-op Kids Applesauce and Apple Butter

City:Brattleboro Place: Brattleboro Food Co-op Cooking Classroom Price:Free, Pre-Registration Required Time:4-5:30pm Phone:802-246-2821 Email: msbfc@sover.net

Part of the Harvest of the month series: Why stop at applesauce when you can make apple butter? Find out how easy it is to make applesauce and apple butter, then take some with you to share with friends.

For more info and future events check





Mommy's Marketplace

Saturday September 27th 9am-2pm

Route 30 Townshend, Townshend Town Hall

A great place to shop for gently used items for your children for fall & winter. Maternity, nursery, infant to teen items are available. Don't miss the bargains and a chance to stock up on essentials at affordable

prices. This event is held in the spring and fall and has generated a loyal following of shoppers and sellers. We average around 20 plus different tables with a wide variety of items for sale.

If you have children's items and would like to have a table and earn some money selling them, we are taking reservations for tables- \$20 per table.

Questions, call Judy at 802-874-4020- Lisa's Love Charitable Association a 501 C 3 organization in memory of Lisa Young Noble.





Community Based Services (CBS) 802-258-2874

Gommanity Dasea Scrvices (GDS)					
	Emily Clever	Family Supportive Housing	Ext. 25	emily@winstonprouty.org	
	Crystal Blamy	Family Supportive Housing	Ext. 13	crystal@winstonprouty.org	
	Mary Coogan	Early Interventionist	Ext. 15	mary@winstonprouty.org	
	Jillsen Deignan	Developmental Educator	Ext. 24	jillsen@winstonprouty.org	
	Terrill Douglas	Maternal Child Health Nurse	Ext. 28	terrill@winstonprouty.org	
	Kathy Hallock	Developmental Educator	Ext. 16	kathy@winstonprouty.org	
	Sally Pennington	Maternal Child Health Nurse	Ext. 28	sally@winstonprouty.org	
	Brandy Levesque	Inclusion Facilitator	Ext. 31	brandy@winstonprouty.org	
	Joanne Shaw	Community Resource Parent	Ext. 14	joanne@winstonprouty.org	
	Alison Wheeler	CIS Coordinator	Ext. 29	alison@winstonprouty.org	
	Rhianna Kendrick	Family Support Worker	Ext. 26	rhianna@winstonprouty.org	
	Kellyn McCullough	Family Support Worker	Ext. 21	kellyn@winstonprouty.org	
	Shelly Torunski	Developmental Educator	Ext. 30	shelly@winstonprouty.org	

Volunteer: Teddi Tucci

News from

The Children's Integrated Services program at The Winston Prouty Center is a resource for families when they have questions or concerns about their child's development during pregnancy, infancy and early childhood. CIS was created by the state of Vermont to help ensure the success of children Community Services: and families through early supports and services. CIS is open to all families.



The Community Based Services office space is just about complete! The small renovation project has provided us with 10 work spaces and 2 more individual offices. This additional meeting space is needed as our program continues to expand. Again, many thanks to all who have helped.





Come visit our table on September 20th, 11 a.m. to 2:00 p.m. at the



http://www.wellnessinwindham.org/

Resources

State-wide community resources	Vermont 2-1-1	2-1-1	www.vermont211.org
Child care referrals and resources	Windham Child Care Association	802-254-5332	www.windhamchildcare.org
WIC	Vermont Department of Health	802-257-2880	www.healthvermont.gov
Mental health and sub- stance abuse services	Health Care and Rehabilitation Services (HCRS)	1-888-888-5144	www.hcrs.org
Housing and other services for people in poverty	Southeastern Vermont Community Action (SEVCA)	802-254-2795	www.sevca.org
New Moms Network (Dawn Kersula, MA, RN)	Brattleboro Memorial Hospital	802-257-8278	E-mail: <u>dkersula@bmhvt.org</u> <u>www.bmhvt.org</u>
Local event listings and information	Parent Express	603-352-1234	www.sentinelsource.com/parent _express/

Early Learning Center	r 802-2 5		57-2101
ELC Coordinator: Alissa Bourque	Ext. 32	alissa@winstonprouty.org	
Teaching Staff			
EL1: Susan Heimer, Lyn Call	Ext. 20	susan@winstonprouty.org	Non-Teaching Staff
EL2: Katrina Irish, Maggie Sullivan, Martha Rath	Ext. 18	katrina@winstonprouty.org	Liz Martin
EL3: Ana Williams, Kim Jacques, Alfred Hughes Jr.	Ext. 22	ana@winstonprouty.org	
EL4: Ylan Roy, Amy Fulton	Ext. 17	ylan@winstonprouty.org	Volunteers
Floaters: Kathy Wright Michelle Coodwin			Susan Mandell

EL2 Lead Teacher

We are happy to be welcoming Jordan Wycoff as the new Lead Teacher in the EL2 classroom. Jordan will be joining us in January after she completes her teacher training program at UVM in December. Until then, Katrina will be the Acting Lead Teacher and both Maggie and Martha will be assistant teachers in the classroom.

As many of you know Jordan has been a substitute here with us for a few years so she will be a familiar face to many.

The Wonders of the Natural World by Ana Williams (Lead Teacher EL3)

It's a cold and brisk winter morning and the children are sliding on their bellies; giggling and laughing. They are pretending to be otters sliding on ice. Others are pretending to be deer and "looking" out for wolves and other predatory animals. Now it is spring and the children are learning about birds and amphibians. As the children listen, Joan brings out live specimens-a yellow spotted salamander and a wood frog! In the summer the children watch one of their friends transform into an insect: six jointed legs, wings, antennae, compound eves and an exoskeleton. The children learn how to identify an insect from other animals. In the fall, the children will learn about the cyclic life of plants and trees. This is just a small picture of what the children have been learning through a wonderful science program in collaboration between B.E.E.C (Bonnyvale Environmental Education Center), Windham Child Care and the Winston Prouty center. Through a grant funded by the Henderson Foundation the first part of the program is split up into four sessions (fall, winter, spring and summer) and focuses on teaching both teachers and children scientific inquiry skills and environmental awareness. The second part focuses on bridging this knowledge and inviting families to be a part of this learning. The children have thoroughly enjoyed having Joan visit them throughout the seasons. Hopefully, we'll continue to see her in some form or other! As a way to kick off the second part of the program, B.E.E.C. is hosting a free event filled with storytelling and nature activities (see page 9). Their library will be available to peruse and families can also take a hike! If you'd like to join the fun (and get two new books!), it's happening at B.E.E.C. from 9:30-11:30 on Saturday, September 27th.

Floaters: Kathy Wright, Michelle Goodwin



Special thanks to the Berkfield, Aither and Raptis families for helping with the recent maintenance of our garden and grounds.





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			Se Se				
September 2014		Upcoming Events:	Oc	October: <u>Wednesday, October 1st</u> the <i>CENTER will</i> <i>CLOSE at</i> 3:00pm our All Staff Meeting.			
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	I Center CLOSED for Labor Day	2 Ryan is 5! Alex & Emma are 4! 2014-2015 ELC Program Year Begins!	3	4	5	6	
7	8	9	10	11	12	13 Lillian is 3!	
14	15 Calvin is 4!	I6 Нарру Bday Emily!	17	18	19	20 Kyli is 5! Christian is 3!	
21	22	23	24	25 Narcissa is 5!	26 Zane is 3! Emmit is 3!	27	
28	29 Alyssa & Spencer are 4! Happy Bday Mary!	30					



Wild about Books!

Bonnyvale Environmental Education Center (BEEC), recipient of Children's Literacy Foundation Award, celebrates by hosting a morning of storytelling and nature activities for children. Each child takes home two new books

Date: Saturday, September 27

Time: 9:30 – 11:30 Place: BEEC 1223 Bonnyvale Rd, West Brattleboro Cost: FREE for children, ages 12 and under and their parents or guardians

Please let us know you are coming so we will have enough books for all! Register at BEEC.org, or call 257-5785. Tuesday, September 23 6 - 8:30 pm at Hilltop Montessori School



Bonnie Harris When Kids Push Your Buttons: What's Happening and What Can I Do About It?

This highly respected parent educator, international speaker, and author will focus on the concepts outlined in her book, "When Your Kids Push Your Buttons And What You Can Do About It." You will learn:

- . How to identify your buttons and why they are there
- What actually pushes your buttons. Hint It's not your child
- How to bridge "The Gap" and send your child the messages you intend
- To understand behavior in a way that can change your relationship with your child
- . What to do in the moment of button-pushing

99 Stafford Farm Hill (just off Summit Circle) Brattleboro,Vermont Childcare provided with pizza for kids Reserve childcare space by calling 802-257-0500

