

The Prouty Voice

November 2015

Volume 10, Issue 3



Our Mission

The Winston Prouty Center for Child Development provides inclusive education and family support to promote the success of children and families.

Inside this issue:

Note from Chloe	1
Office News	2
Board News	2
Community Page	3
CBS News	4-5
ELC News	6-7
Calendar	8

20 Winston Prouty Way
Brattleboro, VT 05301

Phone:
(802) 257-7852

Power Failure Line:
(802) 257-4147

Fax:
(802) 258-2413

Website:
www.winstonprouty.org



Note from Chloe Learey, Executive Director

Family Matters: Supporting your child's early development

Mary Coogan, an Early Interventionist with Children's Integrated Services (CIS) here at Prouty, talked about the importance of supporting your child's early development on the third episode of "Family Matters," the talk show on Brattleboro Community Television where we discuss topics of interest to families with young children.

Babies come into the world ready to learn, and part of the work of parenting is figuring out how to best support that learning. Getting to know your individual child is one of the most important things families can do to support development. Understanding how your child is developing in his or her own unique way is critical to helping them grow.

Mary cautions that it is not necessarily what kids do when, but how they are doing it. She looks for the quality and quantity of skills a child is developing, as well as the variety of what they are doing, in order to help paint a picture of who the child is. She reminds us that kids can "cheat". For instance, a child may be very social and interested in being up and playing, but the only way they can be up (i.e. locking their arms) leaves them in a position of not being able to move and play. Kids will solve their developmental agendas in creative ways, and it is up to caregivers to recognize when developing other skills will be a better way to meet those goals.

Helping families recognize and understand what they are seeing in their child's development is part of the work Mary and the other CIS Early Intervention staff do when a child is identified as being at-risk for or having a developmental delay. There is a lot that can happen within a family's every day routines to support a child's development, whether it is language stimulation, emotional regulation, strengthening muscles or learning how to eat. This is true for children in early care and education settings as well. If a child needs to work on a certain speech sound then families and other caregivers can focus on that while reading books or talking about lunch or giving a bath. Creating opportunities to build and practice skills during activities that are a functional, meaningful part of a child's life embed the practice in a way that is natural, more easily sustained than 'special' learning, and more lasting. If you accept the premise that all people, including children, are motivated to participate and belong in the world around them then making the world around them be a place they can participate, and inviting them to join is the best way to support their development.

It is also important to remember that parenting and supporting a child's development is built on trial and error. There is no right or wrong, and creating space for forgiveness and repair is an important part of the process. "When a child is born, parents and families are born, too." Parents are their children's first and primary teacher, and helping families to feel competent and confident in their expertise about their child is an essential part of the work in early childhood.

Administration

802-257-7852

Chloe Learey	Executive Director	Ext. 11	chloe@winstonprouty.org
Lisa Whitney	Director of Operations	Ext. 12	lisa@winstonprouty.org
Tara Sullivan	Office Assistant	Ext. 10	tara@winstonprouty.org
Miles Shaw	Assistant		

Wish List

- *Tea Set
- *(not new) towels!
- *Boppy Pillows
- *Baby mirrors
- *Booster seats
- *Baby beds (for toy dolls)
- *Rhino balls

Some Important Phone Numbers

Please make a note of them!

To reach the ELC after 4:30 pm, call 257-2101 ext. 23

To reach us during a power failure, call 257-4147

A Hebrew Proverb

"A child is not a vessel to be filled, but a lamp to be lit".



Board of Trustees

David Dunn (President)
Sue Dyer (Vice President)
Jon Neurock (Treasurer)
Sarah Nohl (Secretary)

Heather Golding
Rachel Henry
Frederic Noyes
Thea Lloyd

Management Team

Chloe Learey, Executive Director
Lisa Whitney, Director of Operations
Alison Wheeler, CIS Coordinator
Mary Coogan, Early Interventionist
Sara Lovell-Allbee, Education Supervisor

Community Page

If you know of an event that may be of interest to the Prouty community, please email angela@winstonprouty.org with details. Thanks!

FREE 5-Week Parenting Education Series

Sponsored by Southeast VT Building Bright Futures, The Winston Prouty Center, and Windham Southeast Supervisory Union



Starting Tuesday, October 27 2015

5:00-7:00 at the Winston Prouty Center



Positive Solutions for Families

Positive Solutions for Families provides information for families on how to promote children's social and emotional skills, and use positive approaches to help children learn appropriate behavior. The six sessions are designed to give you new strategies to handle daily routines, cope with challenging behavior, and help your child learn to solve simple social problems. You will learn to create and nurture success in your child, to avoid being drawn into energizing negativity, and how to have clear rules and clear and consistent consequences.

The program is designed for families with children ages 3 to 6.

Presented by:

**Brandy Levesque, Winston Prouty Center Inclusion Facilitator
Janice Stockman, WSESU Early Childhood Coordinator**

Child care and dinner provided FREE!

**5 Tuesdays, October 27, November 3, 10, 17 and 24
5:00 – 7:00 PM**

Winston Prouty Center, 20 Winston Prouty Way, Brattleboro

Call Brandy at 257-2101 ext. 31 to register

This series is made possible by the Early Education Initiative grant and Southeast Vermont Building Bright Futures.

Community Based Services (CBS) 802-258-2874

Crystal Blamy	Family Supportive Housing	Ext. 13	crystal@winstonprouty.org
Emily Clever	Family Supportive Housing	Ext. 25	emily@winstonprouty.org
Mary Coogan	Early Interventionist	Ext. 15	mary@winstonprouty.org
Terrill Douglas	Maternal Child Health Nurse	Ext. 28	terril@winstonprouty.org
Willie Gussin	Family Support Worker	Ext. 26	willie@winstonprouty.org
Kathy Hallock	Developmental Educator	Ext. 16	kathy@winstonprouty.org
Brandy Levesque	Inclusion Facilitator	Ext. 31	brandy@winstonprouty.org
Kellyn McCullough	Family Support Worker	Ext. 21	kellyn@winstonprouty.org
Sally Pennington	Maternal Child Health Nurse	Ext. 28	sally@winstonprouty.org
Joanne Shaw	Community Resource Parent	Ext. 14	joanne@winstonprouty.org
Shelly Torunski	Developmental Educator	Ext. 30	shelly@winstonprouty.org
Alison Wheeler	CIS Coordinator	Ext. 29	alison@winstonprouty.org

News from Community Based Services

Community Based Services includes; Children's Integrated Services (CIS), Family Supportive Housing (FSH), and the Early Education Initiative (EEI). CIS is a resource for families when they have questions or concerns about their child's development during pregnancy, infancy and early childhood.

The Mother's Circle continues to meet here at Prouty on Tuesdays from 10:45-12:00pm. Any mother with a child 12 months or younger is welcome to come to any meeting. Childcare and snacks are provided. If childcare is needed, please have the mother call Amanda Pizzollo at the Health Dept. at 251-2102 with 24-hours notice.

Vermont 2-1-1 is launching a specialized contact center, Help Me Grow, to answer parent/caregiver questions about child development and connect callers to local resources and services for young children and families. This specialized contact center is part of a statewide system designed to proactively address parent and caregiver concerns about their child's behavior and development, identify at-risk children, and connect them to needed services. Help Me Grow Vermont is a project of Vermont's Early Learning Challenge grant. On October 23, Alison and Tonya from WCCA will be attending a Vermont 2-1-1 Contact Center site visit which is hosted for CIS Coordinators and CIS Child Care Coordinators to learn more about this program.

We would like to extend a big thank you to Sally for coming to share nursing updates and news at the Board of Directors meeting on 10/19. Thank you, Sally, for being willing to share your time at this meeting!

We will be welcoming Lisa Adams as a new Developmental Educator in Early Intervention. Lisa has been working as a Lead Preschool teacher and Individualized Special Education Teacher at the Mulberry Bush since 2012. She has also been involved in the field of early education for over 12 years. She holds a Bachelor of Arts degree in Psychology and Human Development. Lisa has worked directly with many of our EI providers in her classroom at Mulberry Bush and has shared with us that working with individual children and families are her favorite elements of the work she has done as a teacher. She will be starting full-time with us on November 9th.

Please help us welcome her to the Prouty community!

We will also be welcoming Kerri Beebe to fill the open Family Support position. Kerri's position will be split between CIS Family Support and Family Supported Housing. Kerri has an extensive history working in our community with children and families. She has worked for the last 10 years at Early Education services, starting as the Welcome Baby Coordinator. Kerri holds a Bachelor of Arts Degree in Psychology with a minor in Women's Studies. She will also be starting full-time with us on November 9th. Please join us in welcoming her to the Prouty Community!

Resources

State-wide community resources	Vermont 2-1-1	2-1-1	www.vermont211.org
Child care referrals and resources	Windham Child Care Association	802-254-5332	www.windhamchildcare.org
WIC	Vermont Department of Health	802-257-2880	www.healthvermont.gov
Mental health and substance abuse services	Health Care and Rehabilitation Services (HCRS)	1-888-888-5144	www.hcrs.org
Housing and other services for people in poverty	Southeastern Vermont Community Action (SEVCA)	802-254-2795	www.sevca.org
New Moms Network (Dawn Kersula, MA, RN)	Brattleboro Memorial Hospital	802-257-8278	E-mail: dkersula@bmhvt.org www.bmhvt.org
Local event listings and information	Parent Express	603-352-1234	www.sentinelsource.com/parent_express/

Early Learning Center

802-257-2101

Education Supervisor

Sara Lovell-Allbee

Ext. 32 sara@winstonprouty.org

ELC Program Assistant

Angela Hoag

Ext. 19 angela@winstonprouty.org

Teaching Staff

EL1: Susan Heimer, Amy Fulton

Ext. 20 susan@winstonprouty.org

EL2: Brianna McCain, Lyn Call

Ext. 18 brianna@winstonprouty.org

EL3: Ana Williams, Kim Jacques, Alfred Hughes Jr.

Ext. 22 ana@winstonprouty.org

EL4: Jordan Wyckoff, Maggie Sullivan

Ext. 17 jordan@winstonprouty.org

Floaters: Kathy Wright, Mandi Martin, Mare Lundy

Non-Teaching Staff

Liz Martin

Paul Rossi

Volunteers

Susan Mandell

Sara's last official full-time day will be November 6th. She will continue in a part-time capacity on-site 2 days a week until December 5th. After this date she will be working with the ELC providing oversight and supervision of a newly hired ELC Coordinator. Her Weekly on-site hours will be Wednesdays from 11-5:30, she will also be available throughout the week through phone and email correspondence.

A Trip to Green Mountain Orchards ~by Maggie Sullivan, EL4 Teacher

A visit to the apple orchard is a wonderful way to spend a morning in the fall. Here at Prouty, it has become a tradition for each class to go to Green Mountain Orchards for cider and donuts, a hay ride, and of course, to pick apples. Families are a big part of the day, as they join us in our activities.



Here are some more pictures of EL4's visit to the orchard:



In the weeks after, strains of "Farmer Brown had Five Red Apples" and the "Apple Song" are heard, and the smell of baking apples fills the halls of our school.





Basic Fondue Recipe— from *allrecipes.com*

Ingredients: 2 cups milk, 1 tbs. Worcestershire sauce, 2 tsp. ground dry mustard, 1 clove garlic peeled and crushed, 3 tbs. all purpose flour, 6 cups shredded cheddar cheese.

Directions: In a medium saucepan over low heat, mix together milk, Worcestershire sauce, mustard, garlic & flour. Heat until almost boiling. Gradually stir in cheddar cheese. Continue heating until all the cheese has melted. Keep the mixture warm and melted and dip in your favorite ingredients!

* try dipping veggie sticks, bread, crackers, apples, cubes of ham or whatever else you might like or have on hand*

Nov. 1st Daylight Saving Times End

Nov. 11th Veterans Day

Nov. 16th National Button Day

Nov. 26th Thanksgiving

National Fun with Fondue Month

National Adoption Month

Historic Bridge Awareness Month

The Center closes at 3:30 on the first Wednesday of each month for Staff Meeting.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Happy Bday Sara!	4 James is 3! Center Closes at 3:30 for All Staff Meeting	5	6	7
8	9	10 ELC CLOSED for Parent Conferences/Home Visits	11	12	13	14 Jeremiah is 3!
15 Matteus is 2!	16	17	18	19	20	21 Perry is 4!
22	23	24	25	26 Ayaan is 4! Ryleigh is 2! CENTER CLOSED for Thanksgiving Holiday	27 Colin is 3!	28 Oliver is 4!
29	30					

Upcoming Events:

December 2: Center CLOSSES at 3:30 for ALL Staff Meeting

December 24-January 1st: Center CLOSED for Winter Break

We will re-open on Monday, January 4th 2016